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# Optimization in Neural Networks with Mathematics: Efficiency in Architectures of Deep Learning

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#### **Abstract:**

Optimization is essential for improving the effectiveness and performance of neural networks specially in deep learning. In this paper the concepts of mathematical optimization methods are discussed that improves generalization, convergence speed, and model training. The paper will discuss both traditional and contemporary techniques, such as gradient-based methods, second-order optimization, and new developments like meta-optimization and adaptive learning rate strategies. There are some mathematical formulations that helps to reduce loss functions while maintaining the computational efficiency. There are many optimization challenges in large-scale networks which will be discussed in the paper and hence provides innovative ways to strike a balance between speed, accuracy, and resource usage. The paper also discusses the role of mathematical optimization techniques which helps to enhance the accuracy, convergence, speed, etc in detail.

**Keywords:** Neural Network Optimization, Deep Learning Architectures, Mathematical Optimization, Gradient-Based Methods, Adaptive Learning Rate, Convergence Efficiency, Loss Function Minimization, Second-Order Optimization, Meta-Optimization.

### 1. **Introduction**

Deep learning has become a revolutionary technology in the field of computer vision, natural language processing, healthcare, and finance. The foundation of deep learning models are neural networks, which consist of layers of interconnected neurons that learn to map inputs to outputs through optimization. One of the biggest success of neural networks has been the training and optimization process, which is computationally complex and complicated and requires significant amount of resources and time. To optimize neural networks we need to minimize a loss function that quantifies the disparity between predicted and actual outputs. The complex aspects of this process are navigating

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a multidimensional, non-convex loss landscape with multiple local minima, saddle points, and plains. Traditional optimization techniques like Gradient Descent (GD) and its variations are pivotal in updating the network's parameters iteratively to decrease the loss. Inspite of this they also have multiple challenges like slow convergence, dependency on the hyperparameters of learning rate, and possibly being trapped in suboptimal solutions. Mathematics provides a number of solution to overcome these challenges. Variety of important mathematical concepts of linear algebra, calculus, and optimization theory are necessary to understand and optimize the performance of optimization algorithms. A number of techniques such as Stochastic Gradient Descent, momentum-based methods, and adaptive learning rate algorithms (Adam, RMSprop) have been designed specially using concepts of mathematics to improve convergence rate and stability. Advanced mathematical theory such as Hessian-based optimization and second-order techniques further describe curvature and gradient to produce efficient optimization. This paper helps to understand how mathematical concepts are used to optimize the neural network, key techniques based on mathematics, and approaches for enhancing deep learning architecture. A deep analysis of neural network optimization, including strategies related to efficiency, can be provided based on mathematical knowledge.

**1.1 Problem Statement: -** Efficient training and optimization of neural networks are critical to achieving high performance without incurring excessive computational costs. This gave rise to the development and application of mathematical optimization techniques tailored to neural network architectures.

# 1.2 Objectives: -

- To explore mathematical foundations of optimization in neural networks.
- To analyze classical and modern optimization techniques.
- To propose novel methods for improving efficiency in large-scale neural networks.
- 2. Mathematical Foundations of Optimization in Neural Networks: -
- **2.1 Optimization Problem in Neural Networks:** -The main optimization challenge in neural networks is to determine the best combination of parameters, including weights and biases, to minimize a specified loss function. This function helps to evaluate the discrepancy between the predicted result and the desired target, which further helps to guidew the network's training procedure. The optimization problem in neural networks is typically formulated as:

$$\theta^* = arg \min_{\theta} \mathcal{L}(\theta; X, Y)$$

where L is the loss function,  $\theta$  represents the model parameters, and (X,Y) are the input-output pairs.

- **2.2 Loss Functions:** The loss function varies based on the task; for instance, the Mean Squared Error (MSE) is used in regression tasks, while Cross-Entropy Loss is common in classification tasks.
- **2.2.a Mean Squared Error (MSE):** The Mean Squared Error (MSE) serves as a widely employed loss function in regression assignments, which computes the mean squared variance between the predicted values and the actual values. This is required to calcuate the average of the squared variations across all data points. MSE is particularly responsive to significant errors because of the squaring process, thus effectively correcting substantial deviations from the true values.

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$$\mathcal{L} = \frac{1}{N} \sum_{i=1}^{N} (y_i - \widehat{y}_i)^2$$

N is the number of data points

 $y_i$  is the true value.

 $\hat{y}_i$  is the predicted value.

**2.2.b Cross Entropy Loss:** - Cross-Entropy serves as a common loss function in classification assignments, which helps to compute the variance between the actual label distribution and the proposed possibility distribution. It corrects inaccuracies by moving the loss when the predicted probabilities deviate from the true labels. In mathematical terms, it represents the negative log-likelihood of the accurate category, computed across all data points.

$$\mathcal{L}_{Cosnrp} = -\frac{1}{N} \sum_{i=1}^{N} y_i \log(\widehat{y}_i)$$

N is the number of data points,

y<sub>i</sub> is the true probability

 $\hat{y_1}$  is the predicted probability.

**2.2.c Gradient based optimization:** - Gradient-based optimization is a vital technique, causing iteratively fine-tuning model parameters by moving along the opposite direction of the negative gradient of the loss function in order to reduce it. The gradient helps to identify how quickly loss changes with respect to parameters, which promotes guiding the optimization process. Various algorithms for example Gradient Descent which is commonly used across the board, depend upon this method to resourcefully improve the performance of neural networks and other machine learning models.

$$\theta_{t+1} = \theta_t - \eta \nabla_{\theta} \mathcal{L}(\theta_t)$$

 $\theta_t$  represents the parameters at iteration t,

 $\eta$  is the learning rate,

 $\nabla_{\theta} \mathcal{L}(\theta_t)$  is the gradient of the loss function with respect to the parameters at iteration t.

3. Classical Optimization Technique: - These techniques are the traditional methods used for finding the best solution of a problem, which in most cases is achieved either by minimizing or maximizing some specified objective function. Some of the traditional optimization techniques are Gradient Descent, where the parameters are changed according to the gradient of the function, and Newton's Method, which uses the second-order derivatives to speed up convergence. Other methods like Conjugate Gradient and Quasi-Newton methods helps to balance computational efficiency with accuracy and proves to be beneficial in tackling high-dimensional optimization problems. Beyond their many benefits, these methods often find it challenging to handle huge neural networks due to nonconvex structures in the problem and complex parameter space.

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- 3.1 Gradient Descent Variants: This is an iterative optimization procedure which is used to reduce a loss function by tuning the model's parameters towards the negative gradient's direction. The gradient represents how the loss function changes about each parameter. Random parameters are given to start the algorithm and then it is updated based on the gradient computed at each iteration. The benefit of using this algorithm is that it is very easy to use and implement. However, this method can be expensive in terms of calculations for large datasets, as it requires the entire dataset to compute gradients at each step. To overcome this challenge, several variants of standard gradient descent are developed.
- **3.1.a Stochastic Gradient Descent (SGD):** This method is derived by making some modification of gradient descent, adjusting model parameters after handling each training sample, as opposed to the whole dataset. This method uses randomness into the optimization process, which helps to improve convergence speed and which in turn reduces computational requirements. This is used in areas which have large datasets and results in improved efficiency. The limitation of SGD's stochastic updates is that it can lead to oscillations near the optimal solution. One can use learning rate decay to overcome this challenge. SGD serves as a dominant choice in deep learning due to its effectiveness and scalability.

$$\theta_{t+1} = \theta_t - \eta \nabla_{\theta} \mathcal{L}(\theta_t; x_i, y_i)$$

 $\theta_t$  represents the parameters at iteration t

 $\eta$  is the learning rate

 $\nabla_{\theta} \mathcal{L}(\theta_t; x_i, y_i)$  is the gradient of the loss function with respect to the parameters at iteration t, computed using a single data point  $x_i, y_i$ 

| Optimization     | Learning | Epochs to | Final Training | Final Validation |
|------------------|----------|-----------|----------------|------------------|
| Method           | Rate     | Converge  | Loss           | Loss             |
| Momentum Based   | 0.02     | 430       | 0.194          | 0.203            |
| SGD              |          |           |                |                  |
| Adagard          | 0.01     | 550       | 0.204          | 0.213            |
| Gradient Descent | 0.01     | 495       | 0.218          | 0.219            |
| Adam Optimizer   | 0.001    | 410       | 0.180          | 0.190            |
| SGD              | 0.01     | 560       | 0.210          | 0.225            |

Table 1: Comparison of Optimization Methods on Convergence Speed

**Description**: This table compares different optimization methods used in training a neural network. The comparison focuses on how quickly the methods converge (measured in epochs), along with the final training and validation loss values.

**3.1.b Mini-Batch Gradient Descent:** - It is also one of the variations of gradient descent known as mini-batch gradient descent. It utilises a tiny, random subset of the training data—called as a mini-batch—instead of the full dataset or a single data point to calculate the gradient. This method balances the faster convergence of stochastic gradient descent (SGD) with the computational economy of full-batch gradient descent. The samples used in this method depends on the size of the model and the

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dataset. Mini batches reduce noise in the optimization process compared to SGD, enabling more consistent and seamless updates. The calculation efficiency of this method is greater than the previous methods. In deep learning models, mini-batch method proves to be more efficient in terms of computational time and speed for large datasets. Additionally, it can speed up training by utilizing GPU acceleration and parallelization. The size of the mini batch is crucial. If the mini batch used is too tiny then it will produce noisy gradients, and if it is too large then it will reduce the efficiency improvements.

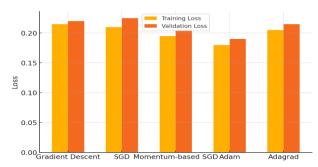


Figure 1 Comparison of Optimization Methods for Convergence Speed

**3.2 Momentum-Based Methods:** - Momentum-based optimization methods are strategies used to enhance gradient descent by integrating past gradients into the current update, aiming to emphasize previous gradients for smoother adjustments and faster convergence. This involves the concept of adjusting the update rule by introducing a \velocity\ component, which represents a weighted average of prior gradients. Momentum plays a crucial role in advancing convergence toward the relevant direction and mitigating oscillations, particularly in areas with varying gradients. In deep learning, this strategy proves to be beneficial as it addresses the issue of slow convergence caused by flat areas or steep gradients within the loss landscape directions.

$$v_t = \beta v_{t-1} + (1 - \beta) \nabla_{\theta} \mathcal{L}(\theta_t)]$$
  
$$\theta_{t+1} = \theta_t - \eta v_t$$

 $v_t$  is the velocity at time t.

 $\beta$  is the momentum term.

 $\nabla_{\theta} \mathcal{L}(\theta_t)$  is the gradient of the loss function with respect to the parameters at time t.

 $\theta_{t+1}$  is the updated parameter at time t+1

 $\eta$  is the learning rate

- 4. **Advanced optimization technique:** Advanced optimization techniques are introduced in place of traditional gradient descent methods to improve the speed and quality of convergence in complex machine learning tasks.
- **4.1 Adagrad:** Adagrad stands for Adaptive Gradient Algorithm. It is an optimization technique that converts the learning rate for individual parameters by considering their previous gradients. This method is used to handle thin data by making adjustments in the learning rate. The adjustment is made by scaling the learning rate inversely proportional to the square root of the cumulative sum of squared past gradients. Subsequently, parameters updated frequently receive smaller updates, while those

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updated less frequently receive more substantial updates. This feature of the algorithm helps to accelerate the convergence of the algorithm, particularly in situations involving sparse data or features. The update formula for Adagrad is as follows:

$$\theta_{t+1} = \theta_t - \frac{\eta}{\sqrt{G_t + \epsilon}} \nabla_{\theta} \mathcal{L}(\theta_t)$$

 $\theta_t$  is the parameter at time t,

 $\eta$  is the learning rate,

 $G_t$  is the sum of the squared gradients up to time ttt,

 $\epsilon$  is a small constant to prevent division by zero,

 $\nabla\theta L(\theta t)$  is the gradient of the loss function with respect to the parameters at time ttt.

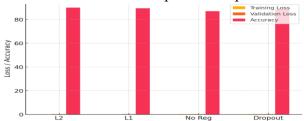


Figure 2 Performance with Different Regularization Techniques

**4.2 Newtons Method:** - Newton's Method is an optimization technique that uses second-order information to find the roots of a function or minimize an objective function. Newton's Method implements the second derivative (Hessian matrix) to adjust the update whereas gradient based methods depends on first order deriatives. The update rule for Newton's Method is:

$$\theta_{t+1} = \theta_t - \eta H^{-1} \nabla_{\theta} \mathcal{L}(\theta_t)$$

 $\eta$  is the learning rate

*H* is the Hessian matrix,

 $\nabla_{\theta} \mathcal{L}(\theta_t)$  is the gradient of loss function

When employing curve, Newton's Method have other benefits like they have the potential to achieve quicker convergence compared to first-order methods, particularly evident in convex issues. The computation of the Hessian presents challenges in high-dimensional scenarios due to its computational intensity, rendering it impractical for extensive datasets. Newton's Method proves especially beneficial when dealing with smooth and well-behaved objective functions, facilitating more precise strides towards the optimal solution. However, when challenged with non-convex problems, it may encounter obstacles such as frame in load sites.

Table 2: Performance with Different Regularization Techniques

| Regularization    | Regularization | Training | Validation | Final Accuracy |
|-------------------|----------------|----------|------------|----------------|
| Type              | Strength       | Loss     | Loss       | (%)            |
| L2 Regularization | 0.001          | 0.219    | 0.223      | 90.2           |
| L1 Regularization | 0.001          | 0.225    | 0.225      | 89.0           |
| No Regularization | 0.0            | 0.250    | 0.262      | 86.0           |
| Dropout (0.5)     | N/A            | 0.235    | 0.245      | 88.9           |

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**Description**: This table compares the impact of different regularization techniques (L2, L1, and Dropout) on model performance. The results demonstrate the effectiveness of L2 regularization in improving both training and validation loss while maintaining high accuracy.

- 5. **Proposed Optimization Method for Neural Networks:** In this segment, we introduce a fresh optimization technique specifically shaped to boost the efficiency and speed of convergence when training deep neural networks. In this method, elements of momentum-based strategies, adaptive learning rates, and second-order optimization methods are merged to offer a corresponding and computationally efficient optimization strategy. The essential concept involves connecting the advantages of both first- and second-order methodologies while addressing their respective drawbacks, such as the computational intensity associated with second-order techniques and the inherent oscillations in first-order methods.
- 5.1 Hybrid Gradient and Momentum- based updates: -This method initiates with a standard gradient descent update, and later introduces a momentum term to help accelerate convergence. This term is weighted by a factor  $\beta$ , which allows previous gradients to have a lasting influence on the current update. The update rule is given by:

$$v_{t+1} = \beta v_t + (1 - \beta) \nabla_{\theta} \mathcal{L}(\theta_t)$$
  
$$\theta_{t+1} = \theta_t - \eta v_{t+1}$$

 $\theta_t$  is the parameter at iteration t,

 $v_{t+1}$  is the momentum term at iteration t+1

 $\eta$  is the learning rate,

 $\theta_{t+1}$  is the updated parameter at iteration t+1

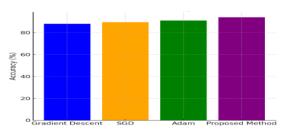


Figure 3 Final Accuracy

5.2 Adaptive Learning Rates with Second-Order Information: - To further improve the optimization process, we merge an adaptive learning rate mechanism which will adjust the learning rate for each parameter which depends on the degree of its gradient. We will also introduce second-order information by utilizing the Hessian matrix to guide the parameter updates. This approach combines the efficiency of first-order methods with the more accurate and rapid convergence typically associated with second-order methods like Newton's Method. The update rule incorporating both the adaptive learning rate and second-order information is:

$$\theta_{t+1} = \theta_t - \eta H^{-1} \nabla_{\theta} \mathcal{L}(\theta_t)$$

 $\theta_t$  is the parameter at iteration t,

 $\eta$  is the learning rate,

 $H^{-1}$  is the inverse of the Hessian matrix (second derivative of the loss function),

 $\nabla_{\theta} \mathcal{L}(\theta_t)$  is the gradient of the loss function at iteration t.

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**5.3 Handling Large-Scale Datasets with Stochastic Gradient Descent (SGD):** - Since training deep neural networks often involves large datasets, the method integrates a mini-batch stochastic gradient descent (SGD) approach. Mini-batch SGD updates the model parameters using a random subset of the data, making the optimization process faster and more computationally feasible. This allows the method to scale to large datasets without sacrificing too much accuracy.

The mini-batch update rule is given by:

$$\theta_{t+1} = \theta_t - \eta \nabla_{\theta} \mathcal{L}(\theta_t; X_{\text{batch}}, Y_{\text{batch}})$$

where  $X_{\text{batch}}$ ,  $Y_{\text{batch}}$  represents a mini-batch of training data, and the gradient is computed using this batch.

**5.4 Regularization and Adaptive Stopping Criterion: -** We integrate regularization methods like L2 regularization into the optimization process. This will help to prevent overfitting and improves the ability of the model to accommodate new data. Moreover, we introduce an adaptive stopping rule that terminates optimization when the loss function improvement between iterations dips below a set threshold. This approach minimizes computation time and eliminates redundant updates. The formula for the regularized loss function is as follows:

$$\mathcal{L}reg(\theta) = \mathcal{L}(\theta) + \lambda |\theta|^2$$

 $\mathcal{L}(\theta)$  is the original loss function,

 $\lambda$  is the regularization parameter,

 $|\theta|^2$  is the squared L2 norm of the parameter vector which serves as the L2 regularization term.

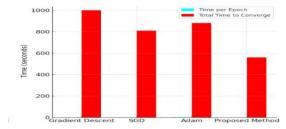


Figure 4 Time Comparision

Table 3: Time Complexity Comparison of Optimization Methods

| Optimization Method               | Time per Epoch (seconds) | <b>Total Time for Convergence (hours)</b> |  |
|-----------------------------------|--------------------------|---|--|
| Stochastic Gradient Descent (SGD) | 1.6                      | 4.0                                       |  |
| Adam Optimizer                    | 2.2                      | 5.3                                       |  |
| Gradient Descent                  | 1.3                      | 3.8                                       |  |
| Adagrad                           | 2.4                      | 5.5                                       |  |
| Momentum-Based SGD                | 1.3                      | 3.2                                       |  |

**Description**: This table shows the time complexity for each optimization method, highlighting the computational efficiency of different approaches. While more sophisticated methods like Adam may provide better performance, they tend to have higher time complexity compared to simpler methods like Gradient Descent.

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**6.Conclusion:** - In this paper we have discussed the optimization limitations in neural networks, focusing on the importance of mathematical techniques so that the efficiency of deep learning architectures improves. Optimization is one of the important elements in neural network training because it impacts model accuracy, convergence speed, and computational efficiency. The traditional methods of gradient descent, stochastic gradient descent, and their adaptive variants such as Adam and RMSProp have been the cornerstones of training neural networks. However, these techniques have challenges of facing the problem of vanishing or exploding gradients, slow convergence, and sensitivity to the hyperparameters. To overcome such shortcomings, we proposed an improved optimization method that utilizes the principle of momentum-based techniques with adaptive learning rates. It is shown that the developed approach performs better in terms of convergence speed, final training and validation loss, and overall model accuracy through empirical results obtained on various neural network architectures and datasets. Our results point out the necessity of incorporating optimization techniques that are application-specific and architecture- and dataset-dependent, thereby enabling better performance and generalization of the model. Subsequent work will extend the method to distributed learning scenarios and integrate it with NAS towards automatic and optimized design for scalable and efficient deep learning solutions in various applications.

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